

THE HIGHEST STANDARDS

Always set and deliver the highest standards: never settle for less.

INVEST TO ACHIEVE

Care about the now; create the very best for your future.

EVERYONE IS VALUED

We are unique individuals working together to be the best.

NO EXCUSES

Create solutions, not excuses.

NEVER GIVE UP

Resilience is essential; self-belief drives improvement.

CULTIVATE YOUR CHARACTER

Qualifications open doors; your character gets you through them.

Life Skills Year 7 2024-2025

	Week 0	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
Half Term 1		What is Life Skills?	Getting to know each other	Rights and responsibilities	Self-esteem	Friendship	Child-on-child abuse	Bullying	Making new friends
Half Term 2	Managing growing up	Puberty	Reproduction	Personal hygiene	Healthy eating	Energy drinks	Access to health services	Holiday	
Half Term 3	Week 16	Week 17	Week 18	Week 19	Week 20	Week 21	Holiday		
	Bereavement and old age 1	Bereavement and old age 2	Cancer truths and myths	Physical health	Mental Health Week	All about me			
Half Term 4	Week 22	Week 23	Week 24	Week 25	Week 26	Holiday			
	Careers, jobs and choices	National Careers Week	British Values	Stereotypes 1	Stereotypes 2				
Half Term 5	Week 27	Week 28	Week 29	Week 30	Week 31	Week 32	Holiday		
	PREVENT	Equality	E-safety	Smoking and solvents	Personal safety	Road and rail safety			
Half Term 6	Week 33	Week 34	Week 35	Week 36	Week 37	Week 38	Week 39		
	Relationships	Divorce	LGBTQ+	Budgeting	Charity	School environment	Recycling		

How does this year deliver your curriculum intent?

As students embark on their KS3 Life Skills curriculum, they will explore how to cope with change and build happy and healthy relationships with their peers. The curriculum will enable students to cope with physical changes that they may start to experience and how to develop self-awareness and manage self-esteem. As the year progresses, students will cover topical issues such as E-Safety, equality, reproduction and British values.